

Recommended Food Donation List

Assorted Bakery: Cinnamon Rolls, Croissant, Muffins , etc.

Dairy: Eggs

Whole Milk

Cheese

Yogurt

Fruits: Apples

Oranges

Bananas

Blueberries

Fruit Cups

Lemons

Grains: Brown Rice, Whole Wheat Bread and Pasta, breakfast cereals, grits, tortillas and oatmeal

Can Goods: Tuna

Corn

Green Beans

Chicken

Tomato Sauce

Meats: Chicken

Hot Dogs

Lunchables

Pepperoni Hot Pockets

Turkey Breast

Salads: Spinach, Caesar, Asian, Mixed

Soups: Chicken Noodle, Minestrone and Vegetable

Protein: Bread, Crackers, Hot Dog Buns, Noodles, Potatoes,

Vegetables: Broccoli, Cabbage, Spinach, Carrots, Brussels Sprouts,

Cabbage, Sweet Potatoes, Beans, Peas and Lentils